

# **best365labs** Mitochondrial Support Toolbox Cheat Sheet

Your all-in-one system for powering up energy, metabolism, brain, and immune health.



## The Toolbox: All-in-One Mitochondrial Support Products

Product	Key Ingredients & Function	Analogy (How It Works)	
MitoBoost Ultra	Methylene Blue, Urolithin A, PQQ. Boosts energy, muscle, brain, and anti-aging.	Turbocharger for your cells	
Metabolism Plus	Methylene Blue, L-Theanine, Caffeine, Guarana, Green Tea. Ignites metabolism, energy, and fat burning.	Blowtorch melting fat	
Liquid Brain Fog	Methylene Blue, Vitamin C, Mineral Oxides. Clears mental fog, boosts focus, detoxifies.	Car wash for your brain	
NAD+ PQQ Boost	NAD, PQQ. Recharges cells, builds new mitochondria, supports longevity.	AAA battery for mitochondria	
MB12 + LM	Methylated B12, Liquid Minerals. Fuels nerves, repairs DNA, boosts energy.	Spark plugs for your nerves	
ADHD 365 Tablets	Methylene Blue, Caffeine, L-Theanine, Guarana/Green Tea. Enhances focus, attention, and energy.	Racecar driver's focus cocktail	
NeuroPro Memory	Methylene Blue, NAC, Glycine. Supports memory, detox, and brain clarity.	Librarian for your brain files	
NeuroPro Plus	Methylene Blue, Vitamin C. Shields neurons, improves clarity, reduces oxidative stress.	Kevlar vest for neurons	
Nasal Spray	Hydrogen Peroxide, Magnesium Chloride. Defends against pathogens, supports immune health.	Nightclub bouncer for germs	
Mouth Spray	Silver, Vitamin C, Hydrogen Peroxide, Minerals. Defends oral health, breaks up biofilms.	Jackhammer and solvent for biofilm	

#### **How to Use the Toolbox**

- MitoBoost Ultra: Take 2 tablets daily with water, with or without food.
- · Metabolism Plus: Take 2 tablets daily, with or without food, for metabolism, energy, and fat burning.
- Other Products: Use as directed for targeted support (focus, memory, immunity, etc.).
- · Safety Note: Do not exceed 60 mg total Methylene Blue per day from all products combined.

## **Synergistic Combos for Maximum Results**

Combo Name	What's In It	Analogy	Analogy
Metabolic Burn	Metabolism Plus + NeuroPro Plus	Blowtorch melting fat	Pre-workout activation
Nightly Reset	NAD+ PQQ Boost + Mouth Spray	Overnight battery recharge	Deep sleep recovery
Toolbox Stack	MitoBoost Ultra + other toolbox products	Turbocharger + pit crew	Peak energy & anti-aging

#### What to Expect

- 2-3 Weeks: Subtle improvements in energy, mood, focus, and easier mornings.
- 4-8 Weeks: Greater stamina, clearer thinking, enhanced vitality.
- 2–3 Months: Dramatic changes in energy, metabolism, and well-being as your mitochondrial systems fully optimize.

### Why Choose Best 365 Labs Toolbox?

- All-in-one synergy: Every product targets a different aspect of mitochondrial health, working together for total vitality.
- · Clinically validated ingredients, USP-grade, 3rd party tested.
- · Supports energy, brain, metabolism, muscle, immune, and anti-aging goals.

#### **Questions?**

Contact our expert support team for personalized stacking and guidance.

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Do not use if pregnant, nursing or think you might be pregnant. If questions consult your physician.

Caution: Methylene blue should not be used in patients who have glucose-6-phosphate dehydrogenase deficiency, as this may lead to hemolysis.